

Levelland Campus

Course Syllabus

COURSE: RNSG 2213 Mental Health Nursing (3:2:4)
SEMESTER: Fall 2020
CLASS TIMES: Tuesday 0900-1200
LAB TIMES: XXXXX
INSTRUCTOR: Dr. Tara Strawn, DNP, MSN-Ed, RN
OFFICE: AH 112 E
OFFICE HOURS: Tuesday 12 pm to 4 pm and Friday 8 am to 12 pm
OFFICE PHONE: 806-716-2030
E-MAIL: tstrawn@southplainscollege.edu

"South Plains College improves each student's life."

GENERAL COURSE INFORMATION

It is the responsibility of each student to be familiar with the content and requirements listed in the course syllabus.

FACE COVERINGS

It is the policy of South Plains College for the Fall 2020 semester that as a condition of on-campus enrollment, all students are required to engage in safe behaviors to avoid the spread of COVID-19 in the SPC community. Such behaviors specifically include the requirement that all students properly wear CDC-compliant face coverings while in SPC buildings including in classrooms, labs, hallways, and restrooms. Failure to comply with this policy may result in dismissal from the current class session. If the student refuses to leave the classroom or lab after being dismissed, the student may be referred to the Dean of Students on the Levelland campus or the Dean/Director of external centers for Student Code of Conduct Violation.

COURSE DESCRIPTION AND END OF COURSE OUTCOMES

RNSG 2213 integrates the principles and concepts of mental health, psychopathology, and treatment modalities as they relate to providing nursing care to patients and their families suffering from mental illnesses. The course is designed to provide the learner with the basic knowledge and skills necessary to function within the four roles of nursing which include: Member of the profession; Provider of patient-centered care; Patient safety advocate; and Member of the health care team. RNSG 2213 is a foundational course which utilizes classroom instruction, active learning, and role-play as tools to educate the student about nursing roles as they apply to patients/families across the life span and to persons who are receiving care as inpatients in psychiatric facilities as well as in various community settings.

At the end of the course, the student will demonstrate proficiency in the following areas as they relate to providing care for patients and families that are experiencing mental health problems. The student will be able to explain the roles of the professional nurse in caring for patients and families experiencing mental health problems. Additionally, the student will have an applicable foundation for therapeutic communication as demonstrated by submitting a self-critiqued therapeutic conversation that they have had which follows a specified format with faculty feedback. The student will demonstrate critical thinking and use a systemized problem-solving process for providing care to persons and their families that are experiencing mental health problems. Students who successfully pass course requirements for RNSG 2213 are able to enroll in RNSG 2261, which is a clinical-based nursing course.

STUDENT LEARNING OUTCOMES

At the completion of the semester students will:
Clinical Decision Making—Students will gain knowledge and develop essential nursing skills enabling them to provide holistic care to persons suffering from mental illnesses.
Communications—Students will advance, build on, and apply principles of therapeutic communication.
Leadership—Students will acquire foundational knowledge regarding mental health nursing toward the outcome of applying this knowledge in a way that respects the client’s rights, cultural beliefs, values, family/support systems, and unique care issues.
Safety—Students will acquire knowledge and understand principles of care that reflect prioritizing safety of all persons concerned with and affected by mental illnesses both in institutional and community settings.
Professionalism—Students will understand and be able to apply standards of evidence-based care to persons suffering from a mental illness in a safe and legal manner tempering the knowledge with a sense of holistic care that includes the patient as well as their family and support systems in diverse practice settings.
Clinical Decision Making—Students will gain knowledge and develop essential nursing skills enabling them to provide holistic care to persons suffering from mental illnesses.

EVALUATION METHODS

Computer-based exams, written exams, written assignments, quizzes, and other projects as assigned.

ACADEMIC INTEGRITY

It is the aim of the faculty of South Plains College to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present as his or her own any work which he or she has not honestly performed is regarded by the faculty and administration as a most serious offense and renders the offender liable to serious consequences, possibly suspension.

Cheating - Dishonesty of any kind on examinations or on written assignments, illegal possession of examinations, the use of unauthorized notes during an examination, obtaining information during an examination from the textbook or from the examination paper of another student, assisting others to cheat, alteration of grade records, illegal entry or unauthorized presence in the office are examples of cheating. Complete honesty is required of the student in the presentation of any and all phases of coursework. This applies to quizzes of whatever length, as well as final examinations, to daily reports and to term papers.

Plagiarism - Offering the work of another as one's own, without proper acknowledgment, is plagiarism; therefore, any student who fails to give credit for quotations or essentially identical expression of material taken from books, encyclopedias, magazines and other reference works, or from themes, reports or other writings of a fellow student, is guilty of plagiarism.

VARIFICATION OF WORKPLACE COMPETENCIES

No external learning experiences provided but learning experiences in lab provide setting in which student applies workplace competencies. Successful completion of the Entry Level Competency statements at the level specified by the course (Level Objectives) will allow the student to continue to advance within the program. Upon successful completion of the program, students will be eligible to take the state board exam (NCLEX) for registered nurse licensure.

BLACKBOARD

Blackboard is an e-Education platform designed to enable educational innovations everywhere by connecting people and technology. This educational tool will be used in this course throughout the semester.

SCANS and FOUNDATION SKILLS

Refer also to Course Objectives. Scans and Foundation Skills attached

SPECIFIC COURSE INFORMATION

TEXT AND MATERIALS

Videbeck, Sheila L. (Most recent edition). Psychiatric Mental Health Nursing. Philadelphia, PA: Lippincott.

ATI Nursing Mental Health 11.0

Syllabus: RNSG 2213 (*Mental Health Nursing*)

Nurse Practice Act

ADDITIONAL CLASSROOM ITEMS

Students should come to class prepared with pens, pencils, and a spiral notebook for taking notes or completed quizzes or assignments in class. Students should be prepared to take notes over lecture material if they choose. Due to COVID we may have to meet virtually at some point. Please have a plan prepared as to how to meet via computer for this course. You will need to have access to a computer and it will need to have a camera and a microphone. When we meet virtually it will be Microsoft Teams, Blackboard Collaborate or Zoom. In the event that we must meet in the virtual setting please notify me if you do not have a computer to use.

ATTENDANCE POLICY (*READ CAREFULLY)**Class Attendance**

Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus.

When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and fees at the time of registration. Should a student, for any reason, delay in reporting to a class after official enrollment, absences will be attributed to the student from the first-class meeting.

Students who enroll in a course but have "Never Attended" by the official census date, as reported by the faculty member, will be administratively dropped by the Office of Admissions and Records. A student who does not meet the attendance requirements of a class as stated in the course syllabus and does not officially withdraw from that course by the official census date of the semester, may be administratively withdrawn from that course and receive a grade of "X" or "F" as determined by the instructor. Instructors are responsible for clearly stating their administrative drop policy in the course syllabus, and it is the student's responsibility to be aware of that policy.

It is the student's responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate and the student will owe any balance resulting from the adjustment.

http://catalog.southplainscollege.edu/content.php?catoid=47&navoid=1229#Class_Attendance

Punctual and regular class attendance, as stated in the SPC and ADN Handbook, is required of all students attending SPC. **There are no excused absences.** In case of COVID exposure or illness please refer to the policy of the SPC School of Nursing policy. Class hours Tuesday's Face to Face (unless notified of virtual meeting) 9 am – 12 pm and on scheduled test days for the 4 exams and Final we meet in the computer lab from 1-3 pm - See Test Schedule.

ASSIGNMENT POLICY

All required work must be in on time in order that the student may benefit from the corrections and study for future examinations. Assigned outside work is due on the dates specified by the instructor. Assignments turned in later than the due date will not be accepted unless the student clears the circumstances with the instructor.

The assignment will be docked 5 points for each day that it is past due, including weekends and holidays. All work is due at the beginning of class and must be in the required format. Work turned in after the date due must be initialed and dated by another nursing department faculty or office staff member and placed in the instructor's mailbox in the Nursing Department Office located on the Levelland campus. **Assignments turned in beyond one week from the due date will not be graded and the student will receive a zero.**

Students should retain a photocopy or computer-accessible file of all assignments turned in. Always have a backup copy. All work is submitted via Blackboard classroom.

Assignments are not accepted by email—a “hard” copy is the required format.

COMPUTER USAGE

As computer technology in the field of health occupations continues to become more popular, computers will be used in this course for several assignments. All students have access to computers and printers on the South Plains College campus. Students will be expected to utilize computers to access assignments and classroom resources. All registered students are supplied with a working email account from South Plains College. In order to take exams, students must have their user name and password.

ALL STUDENTS ARE EXPECTED TO KNOW THEIR SPC STUDENT USER NAME AND PASSWORD.

COMPUTER LAB USAGE

The computer lab(s) on any campus may be used by students during scheduled open hours or as assigned by an instructor. Printer paper will not be provided for students to print materials but students may seek assistance from faculty or staff to request lab paper from the college if needed. Lack of computer lab paper is not an excuse for not having homework assignments, skills lab sheets, or any other required documents. Students should come prepared for class. You will need to print on your own OR you may print at the library with your Papercut account. Currently the library hours are 745 am to 830 pm Monday, Tuesday and Wednesday, 745 am to 4 pm Thursday and Friday and Sunday 2 pm to 6 pm. Hours are subject to change so please watch their Facebook and Library pages for changes.

EXAMS

- Exams are administered in a campus computer lab which must be reserved by the instructor in advance. Students are expected to arrive on time to exams and complete the exams within the time frame allowed.
- Practice and quizzes ATI may be done at home but ATI assessment test will be done in the lab at scheduled testing time and day.

GRADING POLICY

Students may review an exam by making an individual appointment with the instructor.

A student **must communicate with one of the course instructors** if they are unable to take an exam on a scheduled day. If there is no communication by exam, a “zero” will be given.

Alternate exams may be given as makeup exams in the event of an emergency.

Students will be required to take ATI Mental Health predictor exam. The ATI exam will include 100 questions. The purpose of the exam is to evaluate the competency of the student’s knowledge of Mental Health. Students will receive a level from ATI and the grade will be calculated accordingly.

A grade of 77% must be earned to pass RNSG 2213.

There is no rounding of grades

Grading Scale: 90-100	A
80-89	B
77-79	C
70-76.9	D
69 or Below	F

EMERGENCY MESSAGES

The student should notify his/her family that in case of an emergency during normal class schedule, they should call the Nursing Office at (806)716-2391 or (806)716-2193. Class will not be interrupted unless it is an emergency, so they must identify themselves and say it is an emergency to get immediate action.

The student should notify his/her family that in the case of an emergency during clinical rotations, they should call and leave a message or text (who they are and who they need to get in touch with for an emergency) to the number or numbers provided to them in the clinical course syllabus and/or on the clinical course schedule.

COMMUNICATION POLICY

- Electronic communication between instructor and students in this course will utilize the South Plains College “My SPC” and email systems. I will utilize text messaging and you may communicate with me this way also. The instructor will not initiate communication using private email accounts. Students are encouraged to check SPC email on a regular basis each week of class. Students will also have access to assignments, web-links, handouts, and other vital material which will be delivered via the classroom website. Any student having difficulty accessing the classroom website or their email should immediately contact the SPC Help desk and ask their instructor for direction. The instructor will work with any student to ensure the student has access to a computer on campus and can obtain the needed class content that is located on the course website.

CAMPUS CARRY

Campus Concealed Carry - Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at:

(http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php)

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

PREGNANCY ACCOMMODATIONS STATEMENT

If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To activate accommodations, you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Director of Health and Wellness. Once approved, notification will be sent to the student and instructors. It is the student's responsibility to work with the instructor to arrange accommodations. Contact Crystal Gilster, Director of Health and Wellness at 806-716-2362 or email cgilster@southplainscollege.edu for assistance.

STUDENT CONDUCT

Rules and regulations relating to the students at South Plains College are made with the view of protecting the best interests of the individual, the general welfare of the entire student body and the educational objectives of the college. As in any segment of society, a college community must be guided by standards that are stringent enough to prevent disorder, yet moderate enough to provide an atmosphere conducive to intellectual and personal development.

A high standard of conduct is expected of all students. When a student enrolls at South Plains College, it is assumed that the student accepts the obligations of performance and behavior imposed by the college relevant to its lawful missions, processes and functions. Obedience to the law, respect for properly constituted authority, personal honor, integrity and common sense guide the actions of each member of the college community both in and out of the classroom.

Students are subject to federal, state and local laws, as well as South Plains College rules and regulations. A student is not entitled to greater immunities or privileges before the law than those enjoyed by other citizens. Students are subject to such reasonable disciplinary action as the administration of the college may consider appropriate, including suspension and expulsion in appropriate cases for breach of federal, state or local laws, or college rules and regulations. This principle extends to conduct off-campus which is likely to have adverse effects on the college or on the educational process which identifies the offender as an unfit associate for fellow students.

Any student who fails to perform according to expected standards may be asked to withdraw.

Rules and regulations regarding student conduct appear in the current Student Guide.

SPECIAL REQUIREMENTS (*Read Carefully)**Dropping a class**

Students should submit a [Student Initiated Drop Form](#) online.

Students will not be required to obtain an instructor signature to drop, however, we do encourage students to communicate with instructors or advisors prior to dropping a course when they are able. **There will be no charge for drops for the fall or spring semesters.**

Withdrawing from all classes

If a student wishes to withdraw from all courses, they should initiate that process with the Advising Office. They can schedule an appointment with an advisor by visiting <http://www.southplainscollege.edu/admission-aid/advising/spcadvisors.php> or by calling 806-716-2366.

Schedule Change (after late registration and before census date)

To make a schedule change after late registration (August 28) and before the census date (September 9), students should submit a [**Schedule Change Form.**](#) After late registration, adding a class requires instructor approval. If a student is requesting to be added to one of your courses and you approve, please email registrar@southplainscollege.edu with your approval. This can take the place of signature on the Schedule Change Form that we have required in the past.

For additional information regarding schedule changes, drops and withdrawals, [click here](#).

COURSE DISCLAIMER

Working with the public in emergency situations is stressful and requires a mentally tough individual to provide medical care in the prehospital environment. This course is designed to teach students about real-world situations nurse may potentially encounter while managing patient care.

In order to better prepare students for a career in the nursing profession, there will be times during this course where students will be exposed to training scenarios and situations that will be unpleasant to the average college student. If the student does not feel they can tolerate this type of learning environment, they should discuss this with me immediately before continuing the course.

Additionally, enrollment in this course does not guarantee a passing grade, successful completion of the nursing curriculum, or passing the NCLEX.

ACCOMMODATIONS

DIVERSITY STATEMENT

In this class, the teacher will establish and support an environment that values and nurtures individual and group difference and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

DISABILITIES STATEMENT

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland Student Health & Wellness Center 806-716-2577, Reese Center (also covers ATC) Building 8: 806-716-4675, Plainview Center Main Office: 806-716-4302 or 806-296-9611, or the Health and Wellness main number at 806-716-2529.

FOUNDATION SKILLS

BASIC SKILLS--Reads, Writes, Performs Arithmetic and Mathematical Operations, Listens and Speaks

- F-1 Reading--locates, understands, and interprets written information in prose and in documents such as manuals, graphs, and schedules.
- F-2 Writing--Communicates thoughts, ideas, information and messages in writing, and creates documents such as letters, directions, manuals, reports, graphs, and flow charts.
- F-3 Arithmetic--Performs basic computations; uses basic numerical concepts such as whole numbers, etc.
- F-4 Mathematics--Approaches practical problems by choosing appropriately from a variety of mathematical techniques.
- F-5 Listening--Receives, attends to, interprets, and responds to verbal messages and other cues.
- F-6 Speaking--Organizes ideas and communicates orally.

THINKING SKILLS--Thinks creatively, makes decisions, solves problems, visualizes, and knows how to learn and reason

- F-7 Creative Thinking--Generates new ideas.
- F-8 Decision-Making--Specifies goals and constraints, generates alternatives, considers risks, and evaluates and chooses best alternative.
- F-9 Problem Solving--Recognizes problems and devises and implements plan of action.
- F-10 Seeing Things in the Mind's Eye--Organizes and processes symbols, pictures, graphs, objects, and other information.
- F-11 Knowing How to Learn--Uses efficient learning techniques to acquire and apply new knowledge and skills.
- F-12 Reasoning--Discovers a rule or principle underlying the relationship between two or more objects and applies it when solving a problem.

PERSONAL QUALITIES--Displays responsibility, self-esteem, sociability, self-management, integrity and honesty

- F-13 Responsibility--Exerts a high level of effort and preserves towards goal attainment.
 - F-14 Self-Esteem--Believes in own self-worth and maintains a positive view of self.
 - F-15 Sociability--Demonstrates understanding, friendliness, adaptability, empathy, and politeness in group settings.
 - F-16 Self-Management--Assesses self accurately, sets personal goals, monitors progress, and exhibits self-control.
 - F-17 Integrity/Honesty--Chooses ethical courses of action.
-

SCANS COMPETENCIES

RESOURCES: Identifies, organizes, plans and allocates resources

- C-1 **TIME**--Selects goal--relevant activities, ranks them, allocates time, and prepares and follows schedules.
- C-2 **MONEY**--Uses or prepares budgets, makes forecasts, keeps records, and makes adjustments to meet objectives.
- C-3 **MATERIALS & FACILITIES**--Acquires, stores, allocates, and uses materials or space efficiently.
- C-4 **HUMAN RESOURCES**--Assesses skills and distributes work accordingly, evaluates performances and provides feedback.

INFORMATION--Acquires and Uses Information

- C-5 Acquires and evaluates information.
- C-6 Organizes and maintains information.
- C-7 Interprets and communicates information.
- C-8 Uses computers to Process information.

INTERPERSONAL--Works with Others

- C-9 Participates as members of a team and contributes to group effort.
- C-10 Teaches others new skills.
- C-11 Serves clients/customers--works to satisfy customer's expectations.
- C-12 Exercises leadership--communicates ideas to justify position, persuades and convinces others, responsibly challenges existing procedures and policies.
- C-13 Negotiates-Works toward agreements involving exchanges of resources resolves divergent interests. C-14 Works with Diversity-Works well with men and women from diverse backgrounds.

SYSTEMS--Understands Complex Interrelationships

- C-15 Understands Systems--Knows how social, organizational, and technological systems work and operates effectively with them
- C-16 Monitors and Correct Performance-Distinguishes trends, predicts impacts on system operations, diagnoses systems' performance and corrects malfunctions.
- C-17 Improves or Designs Systems-Suggests modifications to existing systems and develops new or alternative systems to improve performance.

TECHNOLOGY--Works with a variety of technologies

- C-18 Selects Technology--Chooses procedures, tools, or equipment including computers and related technologies.
- C-19 Applies Technology to Task-Understands overall intent and proper procedures for setup and operation of equipment.
- C-20 Maintains and Troubleshoots Equipment-Prevents, identifies, or solves problems with equipment, including computers and other technologies

Course Topics and Objectives

Explanation of Syllabus Numbering System Upon satisfactory completion of the course, the student will meet the Student Learning Outcomes (SLO) for semester 3 and progress toward meeting the SPC ADN Program Graduate Outcomes (GO), Texas BON "Differentiated Essential Competencies" 2010 (DECS) and the "Secretary's Commission on Attaining Necessary Skills" (SCANS) Competencies. The SCANS competencies (S) and foundation (F) skills; SLO; and GO outcomes are designated by letters and/or numbers under the unit title. The DECS are listed by letters and numbers in the corresponding role column on the right side of the page. (Roles are designated by the following numbers: 1=Member of the Profession; 2=Provider of Patient-Centered Care; 3=Patient Safety Advocate; and 4=Member of the Health Care Team).

Objectives for RNSG 2213

1. Introduction to Mental Health Nursing, part I-II
2. Anger, hostility, and aggression
3. Anxiety and anxiety disorders
4. Bipolar disorder
5. Childhood disorders
6. Cognitive disorders
7. Communication (advanced)
8. Crisis intervention
9. Depression (mood disorder)
10. Ego defense mechanisms
11. Electroconvulsive therapy
12. Family and community violence
13. Grief and loss
14. Group dynamics
15. Impaired health care professionals
16. Personality disorders
17. Psychopharmacology
18. Rape and sexual assault
19. Schizophrenia
20. Substance abuse
21. Suicide
22. Somatoform disorders

COURSE GRADE WORKSHEET RNSG 2213

1. Four (4) Major Tests
 - a. Test #1 _____ = 100 points
 - b. Test #2 _____ = 100 points
 - c. Test #3 _____ = 100 points
 - d. Test #4 _____ = 100 points

2. ATI practice assessment and quizzes = 20 points each

3. Post ATI practice assessment homework = 75 points
4. Group Project = 50 points

5. Communication Process
 - a. Total Points _____ = 75 points

6. ATI Test = 100 points
 - a. Below Level 1 = 60
 - b. Level 1 = 70
 - c. Level 2 = 85
 - d. Level 3 = 95

7. Final Exam if taken _____ = 100 points or
8. Final Exam Replacement Grade _____ = 100 points

9. Total Grade _____

You must have a grade of 77% to pass the course and no more than one absence

Students with a B average on Major Tests, a level 2 or higher on the ATI predictor and evidence of no absences will be exempted from the Final Exam and the highest grade earned on major exams will be in place of the final exam grade.